

**Flute Fundamentals**

|   | Concept                                 | Content   |
|---|---|---|
|   | <b>Block 1: Assembling and Starting</b> |   |
| 1 | welcome to CTM/ welcome to instrument   | <i>how to use / what makes it different</i>         |
| 2 | assemble instrument 1                   | <i>parts out of case</i>                            |
| 3 | Reed Placement                          | <i>how to handle, store and apply the reed</i>      |
| 4 | assemble instrument 2                   | <i>parts into case</i>                              |
| 5 | instrument tour 1                       | <i>base instrument</i>                              |
| 6 | posture / hand placement                | <i>how to sit and posture / front half of chair</i> |
|   |   |   |
|   | <b>Block 2: Embouchure/Mouthpiece</b>   |   |
| 1 | breathing                               | <i>basics / full Breath</i>                         |
| 2 | embouchure 1                            | <i>without instrument</i>                           |
| 3 | mouthpiece                              | <i>without instrument/</i>                          |
| 4 | mouthpiece                              | <i>with instrument</i>                              |
| 5 | articulation                            | <i>basics</i>                                       |
|   |   |   |
|   | <b>Block 3: First Sounds</b>            |   |
| 1 | with instrument 1                       | <i>long tones / short tones</i>                     |
| 2 | with instrument 2                       | <i>first sound exercises</i>                        |
| 3 | tongue                                  | <i>what to do with the tongue</i>                   |
| 4 | moving fingers                          | <i>correct hand position</i>                        |
|   |   |   |
|   | <b>Block 4: Basic Notes</b>             |   |
| 1 | Reading Music                           | <i>Basic skill of reading music</i>                 |
| 2 | Reading a Fingering Chart               | <i>how the chart relates to the keys</i>            |
| 3 | first three notes (descend)             | <i>E, D, C</i>                                      |
| 4 | first three notes (ascend)              | <i>C, D, E</i>                                      |
| 5 | next three notes (ascend)               | <i>E, F, G</i>                                      |
| 6 | next three notes (descend)              | <i>G, F, E</i>                                      |
| 7 | teach simple song                       | <i>Mary Had a Little Lamb</i>                       |
|   |   |   |
|   | <b>Block 5: Pitch/Tuning/Scales</b>     |   |
| 1 | tuning 1                                | <i>different ways to tune</i>                       |
| 2 | scales 1                                | <i>what are scales/why scales</i>                   |
| 3 | Intro to Five note scales               | <i>Teach 2 Five Note Scales</i>                     |
|   |   | <i>D SCALE UP AND DOWN 5 NOTE</i>                   |
| 5 | scales 2                                | <i>F down 8 NOTE</i>                                |
| 6 | scales 3                                | <i>F up and down</i>                                |
|   |   |   |
| 7 | scales 4                                | <i>G up</i>   |
| 8 | scales 5                                | <i>G up and down</i>                                |
| 9 | scales 5                                | <i>12 scales</i>                                    |
|   |   |   |
|   | <b>Block 6: Dynamics, articulation</b>  |   |
| 1 | dynamics 1                              | <i>p &amp; f</i>                                    |
| 2 | intervals 1                             | <i>M2 (using Bb &amp; F)</i>                        |
| 3 | Articulation Exercises                  |   |
| 4 | Warm Up                                 |   |
|   |   |   |
|   | <b>Block 7: Putting it all together</b> |   |
| 1 | Going over the Break part A             |   |
| 2 | Going over the Break part B             |   |
| 3 | equipment & accessories                 |   |
| 4 | technique books                         |   |
| 5 | practicing                              |   |
| 6 | listening suggestions                   |   |
| 7 | learning a song 1                       | <i>learning a song 1</i>                            |

**Oboe Fundamentals**

Overview PDF may or may not contain the exact information contained in each segment

|   | Concept                                 | Content                                     |
|---|---|---|
|   | <b>Block 1: Assembling and Starting</b> |   |
| 1 | welcome to CTM/ welcome to instrument   | <i>how to use / what makes it different</i> |

|      |   |   |
|------|---|---|
| 2    | assemble instrument 1                   | <i>parts out of case</i>                                    |
| 3    | reeds                                   | <i>care, how to handle</i>                                  |
| 4    | assemble instrument 2                   | <i>parts into case</i>                                      |
| 5    | instrument tour 1                       | <i>base instrument</i>                                      |
| 6    | posture / hand placement                | <i>how to sit and posture / front half of chair</i>         |
| Quiz |   |   |
|      | <b>Block 2: Embouchure/Mouthpiece</b>   |   |
| 1    | breathing                               | <i>basics / full Breath</i>                                 |
| 2    | embouchure 1                            | <i>without instrument</i>                                   |
| 3    | reed                                    | <i>without instrument/ with instrument</i>                  |
| 4    | articulation                            | <i>basics</i>   |
| Quiz |   |   |
|      | <b>Block 3: First Sounds</b>            |   |
| 1    | with instrument 1                       | <i>long tones / short tones</i>                             |
| 2    | with instrument 2                       | <i>first sound exercises</i>                                |
| 3    | tongue                                  | <i>what to do with the tongue</i>                           |
| 4    | moving valves/fingers                   | <i>correct hand position</i>                                |
| Quiz |   |   |
|      | <b>Block 4: Basic Notes</b>             |   |
| 1    | Reading Music                           | <i>Basic skill of reading music</i>                         |
| 2    | Using a Fingering Charts                | <i>how the chart relates to the keys</i>                    |
| 3    | first three notes (ascend)              | <i>b,a,g</i>  |
| 4    | first three notes (descend)             | <i>g,a,b</i>  |
| 5    | next three notes (ascend)               | <i>f,e,d</i>  |
| 6    | next three notes (descend)              | <i>d,e,f</i>  |
| 7    | teach simple song                       | <i>Mary Had A Little Lamb</i>                               |
| Quiz |   |   |
|      | <b>Block 5: Pitch/Tuning/Scales</b>     |   |
| 1    | tuning 1                                | <i>different ways to tune</i>                               |
| 2    | scales 1                                | <i>what are scales/why scales</i>                           |
| 3    | Intro to Five note scales               | <i>Teach 2 Five Note Scales</i>                             |
| 4    | scales 2                                | <i>F up</i>   |
| 5    | scales 3                                | <i>F up and down</i>  |
| 6    | scales 4                                | <i>D up</i>   |
| 7    | scales 5                                | <i>D up and down</i>  |
| 8    | scales 5                                | <i>8 notes, D major scale up</i>                            |
| 9    | Scales 6                                | <i>D maj Down</i>   |
| 10   | Scales 7                                | <i>F major scale</i>  |
| 11   | Scales 8                                | <i>F amj down</i>   |
| 12   | Scales 9                                | <i>B flat up</i>  |
| 13   | Scales 10                               | <i>B Flat down</i>  |
| 14   | Chromatic Scale                         | <i>F chromatic</i>  |
| Quiz |   |   |
|      | <b>Block 6: Dynamics, articulation</b>  |   |
| 1    | dynamics 1                              | <i>p &amp; f</i>  |
| 2    | intervals 1                             | <i>M2 (using Bb &amp; F)</i>                                |
| 3    | intervals 2                             | <i>M3 (using Bb &amp; F)</i>                                |
| 4    | intervals 3                             | <i>M4 &amp; M5</i>  |
| 5    | articulation 1                          | <i>what is it?</i>  |
| 6    | articulation 3                          | <i>exercises</i>  |
| 7    | warmup                                  |   |
| Quiz |   |   |
|      | <b>Block 7: Putting it all together</b> |   |
| 1    | range development part A                | <i>using the half hole &amp; octave keys for high notes</i> |
| 2    | range development part B                | <i>getting low notes to speak</i>                           |
| 3    | flexibility                             | <i>movement of jaw &amp; pressing into the lip</i>          |
| 4    | equipment & accessories                 | <i>metronome, tuner</i>                                     |
| 5    | technique books                         |   |
| 6    | practicing                              |   |
| 7    | listening suggestions                   |   |
| 8    | learning a song 1                       | <i>learning a song 1</i>                                    |
| 9    | putting it all together 1               | <i>exercises</i>  |
| 10   | Practice Concepts                       |   |
| Quiz |   |   |
|      | <b>Block 8: Maintenance</b>             |   |
| 1    | general guidelines, parts etc           | <i>routine upkeep</i>                                       |
| 2    | care instructions                       | <i>getting water out of keys</i>                            |
| 3    | disassembly/assembly                    |   |
| 4    | cleaning instructions                   |   |

# Clarinet

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|   | Concept                                 | Content   |
|---|---|---|
|   | <b>Block 1: Assembling and Starting</b> |   |
| 1 | welcome to CTM/ welcome to instrument   | <i>how to use / what makes it different</i>         |
| 2 | assemble instrument 1                   | <i>parts out of case</i>                            |
| 3 | Reed Placement                          | <i>how to handle, store and apply the reed</i>      |
| 4 | assemble instrument 2                   | <i>parts into case</i>                              |
| 5 | instrument tour 1                       | <i>base instrument</i>                              |
| 6 | posture / hand placement                | <i>how to sit and posture / front half of chair</i> |
|   |   |   |
|   | <b>Block 2: Embouchure/Mouthpiece</b>   |   |
| 1 | breathing                               | <i>basics / full Breath</i>                         |
| 2 | embouchure 1                            | <i>without instrument</i>                           |
| 3 | mouthpiece                              | <i>without instrument/</i>                          |
| 4 | mouthpiece                              | <i>with instrument</i>                              |
| 5 | articulation                            | <i>basics</i>                                       |
|   |   |   |
|   | <b>Block 3: First Sounds</b>            |   |
| 1 | with instrument 1                       | <i>long tones / short tones</i>                     |
| 2 | with instrument 2                       | <i>first sound exercises</i>                        |
| 3 | tongue                                  | <i>what to do with the tongue</i>                   |
| 4 | moving fingers                          | <i>correct hand position</i>                        |
|   |   |   |
|   | <b>Block 4: Basic Notes</b>             |   |
| 1 | Reading Music                           | <i>Basic skill of reading music</i>                 |
| 2 | Reading a Fingering Chart               | <i>how the chart relates to the keys</i>            |
| 3 | first three notes (descend)             | <i>E, D, C</i>                                      |
| 4 | first three notes (ascend)              | <i>C, D, E</i>                                      |
| 5 | next three notes (ascend)               | <i>E, F, G</i>                                      |
| 6 | next three notes (descend)              | <i>G, F, E</i>                                      |
| 7 | teach simple song                       | <i>Mary Had a Little Lamb</i>                       |
|   |   |   |
|   | <b>Block 5: Pitch/Tuning/Scales</b>     |   |
| 1 | tuning 1                                | <i>different ways to tune</i>                       |
| 2 | scales 1                                | <i>what are scales/why scales</i>                   |
| 3 | Intro to Five note scales               | <i>Teach 2 Five Note Scales</i>                     |
| 4 |   | <i>D SCALE UP AND DOWN 5 NOTE</i>                   |
| 5 | scales 2                                | <i>F down 8 NOTE</i>                                |
|   | scales 3                                | <i>F up and down</i>                                |
|   |   |   |
| 6 | scales 4                                | <i>G up</i>   |
|   | scales 5                                | <i>G up and down</i>                                |
| 8 | scales 5                                | <i>12 scales</i>                                    |
|   |   |   |
|   | <b>Block 6: Dynamics, articulation</b>  |   |
| 1 | dynamics 1                              | <i>p &amp; f</i>                                    |
| 2 | intervals 1                             | <i>M2 (using Bb &amp; F)</i>                        |
| 3 | Articulation Exercises                  |   |
| 4 | Warm Up                                 |   |
| 6 | articulation exercises                  | <i>exercises</i>                                    |
| 7 | warmup                                  | <i>exercises</i>                                    |
|   |   |   |
|   | <b>Block 7: Putting it all together</b> |   |
| 1 | Going over the Break part A             |   |
| 2 | Going over the Break part B             |   |
| 3 | equipment & accessories                 |   |
| 4 | technique books                         |   |
| 5 | practicing                              |   |
| 6 | listening suggestions                   |   |
| 7 | learning a song 1                       | <i>learning a song 1</i>                            |
| 8 |   | <i>exercises</i>                                    |
| 9 |   |   |
|   |   |   |
|   | <b>Block 8: Maintenance</b>             |   |
| 1 | care instructions                       |   |
| 2 | disassembly/assembly                    |   |

|   |                       |  |
|---|-----------------------|--|
| 3 | cleaning instructions |  |
|---|-----------------------|--|

## Saxophone

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| Concept                                 | Content   |
|---|---|
| <b>Block 1: Assembling and Starting</b> |   |
| 1                                       | welcome to CTM/ welcome to instrument                   |
|   | <i>how to use / what makes it different</i>             |
| 2                                       | Sax intro   |
|   | <i>parts out of case</i>                                |
| 3                                       | Assemble instrument                                     |
| 3                                       | Reed Placement  |
|   | <i>how to handle, store and apply the reed</i>          |
| 4                                       | assemble instrument 2                                   |
|   | <i>parts into case</i>                                  |
| 5                                       | instrument tour 1                                       |
|   | <i>base instrument</i>                                  |
| 6                                       | posture / hand placement                                |
|   | <i>how to sit and posture / front half of chair</i>     |
| <b>Block 2: Embouchure/Mouthpiece</b>   |   |
| 1                                       | breathing   |
|   | <i>basics / full Breath</i>                             |
| 2                                       | embouchure 1  |
|   | <i>without instrument</i>                               |
| 3                                       | Entire instrument                                       |
|   | <i>with instrument</i>                                  |
| 4                                       | articulation  |
|   | <i>basics</i>   |
| <b>Block 3: First Sounds</b>            |   |
| 1                                       | with instrument 1                                       |
|   | <i>long tones / short tones</i>                         |
| 2                                       | with instrument 2                                       |
|   | <i>first sound exercises</i>                            |
| 3                                       | tongue  |
|   | <i>what to do with the tongue</i>                       |
| 4                                       | moving valves/fingers                                   |
|   | <i>correct hand position</i>                            |
| <b>Block 4: Basic Notes</b>             |   |
| 1                                       | Reading Music   |
|   | <i>Basic skill of reading music</i>                     |
| 2                                       | Reading a Fingering Chart                               |
|   | <i>how the chart relates to the keys</i>                |
| 3                                       | first three notes (descend)                             |
|   | <i>B, A, G</i>  |
| 4                                       | first three notes (ascend)                              |
|   | <i>G, A, B</i>  |
| 5                                       | next three notes (ascend)                               |
|   | <i>B, C, D</i>  |
| 6                                       | next three notes (descend)                              |
|   | <i>D, C, B</i>  |
| 7                                       | teach simple song                                       |
|   | <i>Mary Had a Little Lamb</i>                           |
| <b>Block 5: Pitch/Tuning/Scales</b>     |   |
| 1                                       | tuning 1  |
|   | <i>different ways to tune</i>                           |
| 2                                       | scales 1  |
|   | <i>what are scales/why scales</i>                       |
| 3                                       | Intro to Five note scales                               |
|   | <i>G five note scale ascending in whole notes</i>       |
| 4                                       | scales 2  |
|   | <i>G five note scale descending in whole notes</i>      |
| 5                                       | scales 3  |
|   | <i>G Scale five note scale ascending and descending</i> |
| 6                                       | scales 4  |
|   | <i>F five note scales ascending in whole notes</i>      |
| 7                                       | scales 5  |
|   | <i>F five note scale descending in whole notes</i>      |
| 8                                       | scales 5  |
|   | <i>f scales ascending and descending in whole notes</i> |
| 9                                       | scale 6   |
|   | <i>12 five note scale sheet</i>                         |
| <b>Block 6: Dynamics, articulation</b>  |   |
| 1                                       | dynamics 1  |
|   | <i>p &amp; f</i>  |
| 2                                       | intervals 1   |
|   | <i>interval of a 2nd G to A</i>                         |
| 3                                       | intervals 2   |
|   | <i>interval of a 3rd G to B</i>                         |
| 4                                       | intervals 3   |
|   | <i>interval of a 4th G to C</i>                         |
| 5                                       | intervals 4   |
|   | <i>interval of a 5th on G to D</i>                      |
| 6                                       | interval drill  |
|   | <i>exercises</i>  |
| 7                                       | articulation exercise                                   |
|   | <i>exercises</i>  |
| 8                                       | warmup  |
|   | <i>exercises</i>  |
| 9                                       | Warm Octives  |
| <b>Block 7: Putting it all together</b> |   |
| 1                                       | equipment & accessories                                 |
| 2                                       | technique books   |
| 3                                       | practicing  |
| 4                                       | listening suggestions                                   |
| 5                                       | Practice Concepts                                       |
| <b>Block 8: Maintenance</b>             |   |
| 1                                       | care instructions                                       |
| 2                                       | disassembly/assembly/cleaning                           |
| 3                                       | cleaning instructions                                   |